



Technical Specifications Sheet

+ 14 Years

Out&Fit Gym



TONING UP MUSCLES



JFI-0201



Number of users

10



Number of apparatus

10



Main exercises

25



Extra exercises Coaching Connect

>43



Total exercises

>68

JFI-0201

Presentation

Technical Data

Exercises

Technical Benefits



Strength & Toning for Everyone

Made for everyone with lots of apparatus accessible to



Out&Fit Gym

- + Comprehensive and fun structure for all users
- + Exercises for all the muscles of the body
- + Covered structure
- + Adapted for individual or small -group training sessions





Technical Specifications Sheet

+ 14
Years

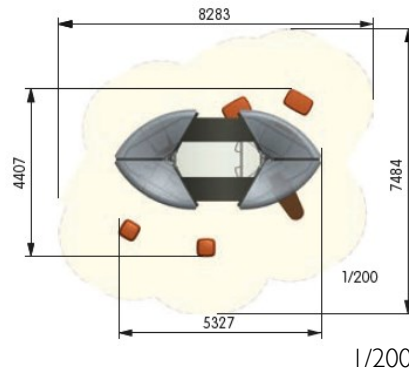
Out&Fit Gym



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Presentation



Technical
Data

Exercises

Technical
Benefits



Accessibility of the equipment
Designed for everyone



Total impact area 48 m²



"Key-Code" quick access on
www.husson.eu
JFI0201



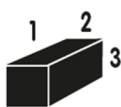
Maximum freefall height 1,0 m



Users required age 14 Years and more



Installation time (without concrete) 8 Hours



Equipment dimensions
(L x l x H)
5237 x 4407 x 2908 mm



Number of installers required 2 Installers



Minimum surface required to install the equipment (L x l)
8283 x 7484 mm



Sealing level Level 0
Number of concrete blocs 14 Concrete blocs (average 400 x 400 x 400mm)



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Exercise available on the structure

G1 ★★ ▶ ★★★

Apparatus Number: 1
Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard

1 — Number of Apparatus
2 — Number of the main exercises
>2 — Number of the extra exercises via Coaching Connect

Exercise unavailable on the structure

G4 ★★★

Apparatus Number: 0
Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard

0 — Number of Apparatus
2 — Number of the main exercises
>2 — Number of the extra exercises via Coaching Connect

Presentation

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Technical Benefits

| Main Exercise | Imagery | Main Exercise | Imagery |
|--|--------------------------|--|------------------------------|
| <p>G1 ★★ ▶ ★★★</p> <p>1 2 >2</p> | <p>Abdominal</p> | <p>G7 ★★</p> <p>1 2 >12</p> | <p>Upper Body OFX Straps</p> |
| <p>G2 ★ ▶ ★★★</p> <p>1 3 >2</p> | <p>Push-up</p> | <p>G8 ★</p> <p>1 3 >10</p> | <p>Lower Body OFX Straps</p> |
| <p>G3 ★ ▶ ★★★</p> <p>1 3 >2</p> | <p>Power Tower</p> | <p>G9 ★ ▶ ★★★</p> <p>6 6 >25</p> | <p>OFX Multi-Straps</p> |
| <p>G4 ★★</p> <p>1 1 >1</p> | <p>Lower Back</p> | <p>G10 ★ ▶ ★★★</p> <p>1 3 0</p> | <p>Hand Challenge</p> |
| <p>G5 ★★★</p> <p>1 2 >2</p> | <p>Pull-Up Bar</p> | <p>G11 ★★</p> <p>1 3 >6</p> | <p>Box</p> |
| <p>G6 ★★★</p> <p>2 2 >4</p> | <p>Multi Pull-Up Bar</p> | <p>G12 ★★</p> <p>1 3 >6</p> | <p>Step</p> |



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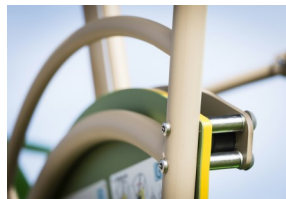
Exercises

Technical Benefits



Out&Fit® High-quality materials

- 1 Frame/Structure**
Galvanised, thermo-lacquered steel posts (diameter : 89 mm, thickness: 3 mm).
- 2 Apparatus:**
Stainless steel, passivated after manufacturing.
- 3 Other Apparatus**
Hot-dip galvanised and thermo-lacquered stainless steel with fine textured finish for good "grip" and excellent resistance to scratching and abrasion.
- 4 Covers** for the covered structures
Made from very thick rotary-moulded HDPE (High Density Polyethylene) thermoplastic, colour-compounded and reinforced with a tubular steel frame. Transparent central part made from impact-resistant polycarbonate.
- 5 Metal Sheets:**
Laser-cut steel, galvanised and thermo-lacquered.



+ DESIGN*, COLOURS, FINISHES

Out&Fit is unique *

A new and exclusive design with 3 ranges (Gym, Stretching and Training) to blend perfectly into all environments: 2 versions (with or without cover), 3 colour schemes (Park, Sport, Urban).

+ ASSEMBLY SYSTEM *

An exclusive assembly system

Using multi-D+ collars made from cast aluminium and special stainless steel anti-tamper and anti-vandalism screws (special Husson tool).

+ SAFETY

Safety by a Big Manufacturer

Out&Fit apparatus is designed to a rigorous specification including the requirements of the future European standard EN 16630; it is then tested and approved by an independent control laboratory.

They are for adults and teenagers over 14 years old.

+ GUARANTEES

Long Term Guarantee

- **20 years:** for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, stainless steel screws)
- **10 years:** for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts)
- **5 years:** for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts)
- **2 years** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

Husson guarantee and application terms mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on www.husson.eu.

*patented systems, registered designs.