



# Technical Specifications Sheet

+ 14  
Years

Out&Fit Stretching



IMPROVING FLEXIBILITY

Out&Fit Gym



TONING UP MUSCLES

JFI-0202

Number of users	Number of apparatus	Main exercises	Extra exercises Coaching Connect	Total exercises
13	13	28	>43	>71



JFI-0202

## Presentation

## Technical Data

## Exercises

## Technical Benefits



## Strength & Toning for Everyone

Made for everyone with lots of apparatus accessible to



### Out&Fit Gym

- + Comprehensive and optimal structure, with bodybuilding and stretching exercises
- + Covered structure
- + For 13 users simultaneously





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IMPROVING FLEXIBILITY

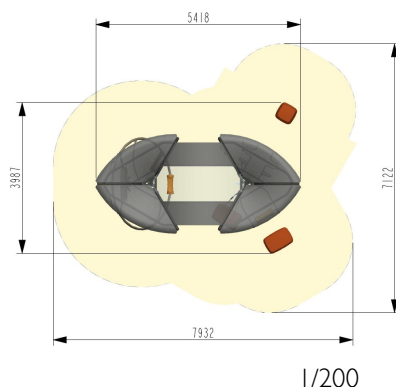
Out&Fit Gym



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## Presentation



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Accessibility of the  
equipment

Designed for  
everyone

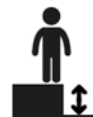


Total impact area 44 m²



"Key-Code" quick  
access on  
[www.husson.eu](http://www.husson.eu)

JFI0202



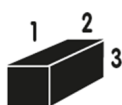
Maximum freefall height 1,0 m



Users required age 14 Years and more



Installation time  
(without concrete) 8 Hours



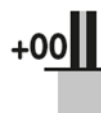
Equipment  
dimensions  
(L x l x H)  
5418x 3987 x 2908  
mm



Number of installers  
required 2 Installers



Minimum surface  
required to install the  
equipment (L x l)  
7932 x 7122 mm



Sealing level Level 0

Number of concrete  
blocs 14 Concrete blocs  
(average 400 x 400  
x 400mm)

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Exercise available on the structure

Exercise unavailable on the structure

**G2** ★ ★ ★

Apparatus Number: 1

Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard

Number of Apparatus: 1

Number of the main exercises: 3

Number of the extra exercises via Coaching Connect: >2

**G4** ★ ★ ★

Apparatus Number: 0

Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard

Number of Apparatus: 0

Number of the main exercises: 2

Number of the extra exercises via Coaching Connect: >2

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Main Exercise	Imagery	Main Exercise	Imagery
<b>G1</b> ★ ★ ★  1 2 >2	Abdominal 	<b>G7</b> ★ ★  1 2 >12	Upper Body OFX Straps 
<b>G2</b> ★ ★ ★  1 3 >2	Push-up 	<b>G8</b> ★  1 3 >10	Lower Body OFX Straps 
<b>G3</b> ★ ★ ★  1 3 >2	Power Tower 	<b>G9</b> ★ ★ ★  6 6 >25	OFX Multi-Straps 
<b>G4</b> ★ ★  1 1 >1	Lower Back 	<b>G10</b> ★ ★ ★  1 3 0	Hand Challenge 
<b>G5</b> ★ ★ ★  1 2 >2	Pull-Up Bar 	<b>G11</b> ★ ★  1 3 >6	Box 
<b>G6</b> ★ ★ ★  2 2 >4	Multi Pull-Up Bar 	<b>G12</b> ★ ★  1 3 >6	Step 



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Exercise available on the structure

**S1 \***

Apparatus Number  
Workout Difficulty:  
\* Easy  
\*\* Intermediate  
\*\*\* Hard

1 Number of Apparatus  
4 Number of the main exercises  
>3 Number of the extra exercises via Coaching Connect

Presentation

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Exercises

Technical Benefits

Main Exercise	Imagery	Main Exercise	Imagery
<b>S1 *</b>  1 4 >3	Double Arch 	<b>S5 **</b>  1 1 >1	High Suspension 
<b>S2 *</b>  1 3 >3	Pendulum 	<b>S6 *</b>  1 2 >1	Piano 
<b>S3 *</b>  1 1 >2	Wall 	<b>S7 *</b>  1 1 >1	Bench 
<b>S4 *</b>  1 1 >1	Low Suspension 		



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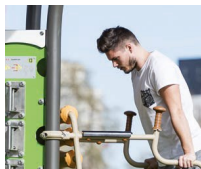


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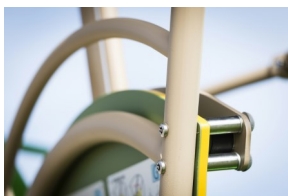
Exercises

Technical  
Benefits



### Out&Fit® High-quality materials

- 1 Frame/Structure**  
Galvanised, thermo-lacquered steel posts (diameter : 89 mm, thickness: 3 mm).
- 2 Apparatus:**  
Stainless steel, passivated after manufacturing.
- 3 Other Apparatus**  
Hot-dip galvanised and thermo-lacquered stainless steel with fine textured finish for good "grip" and excellent resistance to scratching and abrasion.
- 4 Covers:** for the covered structures  
Made from very thick rotary-moulded HDPE (High Density Polyethylene) thermoplastic, colour-compounded and reinforced with a tubular steel frame. Transparent central part made from impact-resistant polycarbonate.
- 5 Metal Sheets:**  
Laser-cut steel, galvanised and thermo-lacquered.



### + DESIGN\*, COLOURIS, FINISHES

#### Out&Fit is Unique \*

A new and exclusive design with 3 ranges (Gym, Stretching and Training) to blend perfectly into all environments: 2 versions (with or without cover), 3 colour schemes (Park, Sport, Urban).

### + ASSEMBLY SYSTEM \*

#### An Exclusive Assembly System

Using multi-D+ collars made from cast aluminium and special stainless steel anti-tamper and anti-vandalism screws (special Husson tool).

### + SAFETY

#### Safety by a Big Manufacturer

Out&Fit apparatus is designed to a rigorous specification including the requirements of the future European standard EN 16630; it is then tested and approved by an independent control laboratory. They are for adults and teenagers over 14 years old.

### + GUARANTEES

#### Long Term Guarantee

- **20 years:** for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, stainless steel screws)
- **10 years:** for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts)
- **5 years:** for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts)
- **2 years:** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

**Husson guarantee and application terms** mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on [www.husson.eu](http://www.husson.eu).

\*patented systems, registered designs.