



JFI-0301

## Technical Specifications Sheet

+ 14  
Years

Out&Fit Gym



TONING UP MUSCLES



JFI-0301

Number of users	Number of apparatus	Main exercises	Extra exercises Coaching Connect	Total exercises
11	11	25	>45	>70

## Presentation

## Technical Data

## Exercises

## Technical Benefits



## Strength & Toning for Everyone

Made for everyone with lots of apparatus accessible to



## Out&Fit Gym

- + Full and Compact configuration
- + With an apparatus "Multi Pull-Up Bar", appreciated by sportspeople
- + More than 70 exercises





# Technical Specifications Sheet

**+ 14  
Years**

**Out&Fit Gym**



TONING UP MUSCLES

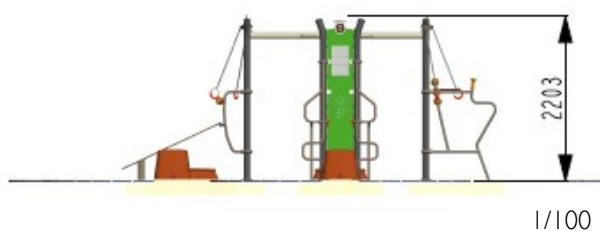
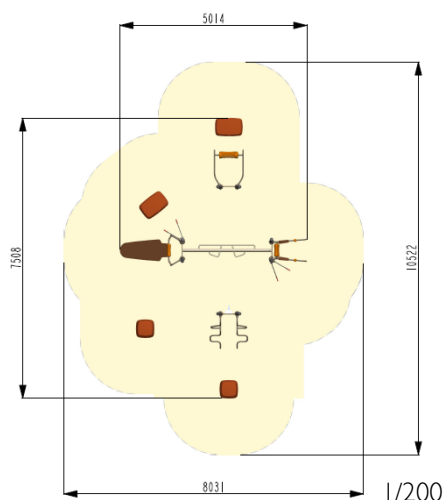
**JFI-0301**

## Presentation

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## Technical Benefits



Accessibility of the equipment

Designed for everyone



Total impact area 58 m<sup>2</sup>



"Key-Code" quick access on [www.husson.eu](http://www.husson.eu)

JFI0301



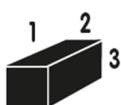
Maximum freefall height 1,0 m



Users required age 14 Years and more



Installation time (without concrete) 6 Hours



Equipment dimensions (L x l x H)

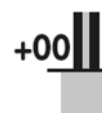
7508 x 5014 x 2203 mm



Number of installers required 2 Installers



Minimum surface required to install the equipment (L x l) 10522 x 8031 mm



Sealing level

Level 0

Number of concrete blocs

12 Concrete blocs (average 400 x 400 x 400mm)



# Technical Specifications Sheet

Exercise available on the structure

 <b>G1</b> ★★ ★★ Apparatus Number: 1 Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard Number of Apparatus: 1 Number of the main exercises: 2 Number of the extra exercises via Coaching Connect: >2	 <b>G3</b> ★★ ★★ Apparatus Number: 0 Workout Difficulty: ★ Easy, ★★ Intermediate, ★★★ Hard Number of Apparatus: 0 Number of the main exercises: 2 Number of the extra exercises via Coaching Connect: >2
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Main Exercise	Imagery	Main Exercise	Imagery
 <b>G1</b> ★★ ★★ 1 2 >2	Abdominal 	 <b>G7</b> ★★ 1 2 >12	Upper Body OFX Straps 
 <b>G2</b> ★ ★★ 1 3 >2	Push-up 	 <b>G8</b> ★ 1 3 >10	Lower Body OFX Straps 
 <b>G3</b> ★ ★★ 1 3 >2	Power Tower 	 <b>G9</b> ★ ★★ 6 6 >25	OFX Multi-Straps 
 <b>G4</b> ★★ 1 1 >1	Lower Back 	 <b>G10</b> ★ ★★ 1 3 0	Hand Challenge 
 <b>G5</b> ★★ ★★ 1 2 >2	Pull-Up Bar 	 <b>G11</b> ★★ 1 3 >6	Box 
 <b>G6</b> ★★ ★★ 2 2 >4	Multi Pull-Up Bar 	 <b>G12</b> ★★ 1 3 >6	Step 



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Presentation

Technical  
Data

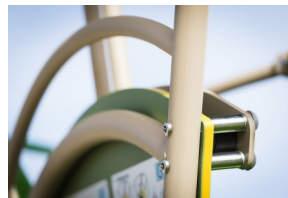
Exercises

Technical  
Benefits



### Out&Fit® High-quality materials

- 1 Frame/Structure**  
Galvanised, thermo-lacquered steel posts (diameter : 89 mm, thickness: 3 mm).
- 2 Apparatus:**  
Stainless steel, passivated after manufacturing.
- 3 Other Apparatus**  
Hot-dip galvanised and thermo-lacquered stainless steel with fine textured finish for good "grip" and excellent resistance to scratching and abrasion.
- 4 Covers:** for the covered structures  
Made from very thick rotary-moulded HDPE (High Density Polyethylene) thermoplastic, colour-compounded and reinforced with a tubular steel frame. Transparent central part made from impact-resistant polycarbonate.
- 5 Metal Sheets:**  
Laser-cut steel, galvanised and thermo-lacquered.



### + DESIGN\*, COLOURS, FINISHES

#### Out&Fit is unique \*

A new and exclusive design with 3 ranges (Gym, Stretching and Training) to blend perfectly into all environments: 2 versions (with or without cover), 3 colour schemes (Park, Sport, Urban).

### + ASSEMBLY SYSTEM \*

#### An exclusive assembly system

Using multi-D+ collars made from cast aluminium and special stainless steel anti-tamper and anti-vandalism screws (special Husson tool).

### + SAFETY

#### Safety by a Big Manufacturer

Out&Fit apparatus is designed to a rigorous specification including the requirements of the future European standard EN 16630; it is then tested and approved by an independent control laboratory. They are for adults and teenagers over 14 years old.

### + GUARANTEES

#### Long Term Guarantee

- **20 years:** for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, stainless steel screws)
- **10 years:** for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts)
- **5 years:** for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts)
- **2 years** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

Husson guarantee and application terms mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on [www.husson.eu](http://www.husson.eu).

\*patented systems, registered designs.