



Technical Specifications Sheet

Ski- Training

+ 14
Years

JFI-0901

				
Number of users	Number of apparatus	Main exercises	Extra exercises Coaching Connect	Total exercises
1	1	3	>2	>5

Presentation

Technical Data

Exercises

Technical Benefits



Out&Fit Training



DEVELOPING BALANCE
AND STAMINA



JFI-0901



Balance & Stamina



Out&Fit Training

+ Fun and motivating exercises

+ 3 principal exercises to strengthen the main muscles in your lower limbs and upper body, boost your cardiovascular fitness and stamina, burn calories, and improve balance and coordination

+ A support is dedicated to holding a smartphone

+ Solid system with an easy and cost-effective to maintain





Technical Specifications Sheet

+ 14
Years

Out&Fit Training



DEVELOPING BALANCE
AND STAMINA

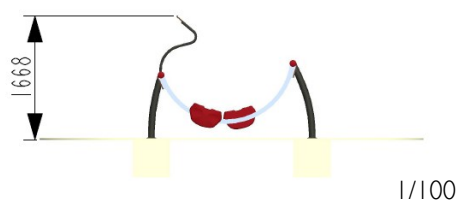
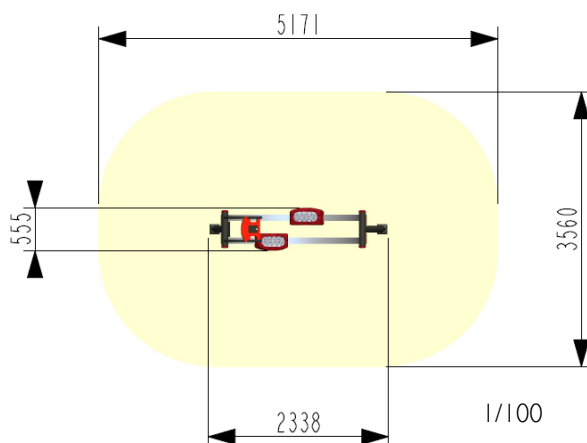
JFI-0901

Presentation

Technical Data

Exercises

Technical Benefits



"Key-Code" quick
access on
www.husson.eu

JFI0901



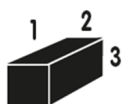
Total impact area 17 m²



Users required age 14 Years and more



Maximum freefall height 1,0 m



Equipment
dimensions
(L x l x H)
2338 x 555 x 1668
mm



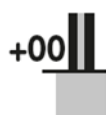
Installation time
(without concrete) 1 Hour



Minimum surface
required to install the 5171x 3560 mm
equipment (L x l)



Number of installers
required 2 Installers



Sealing level Level 0

Number of concrete
blocs
2 Concrete blocs
(average 400 x 400
x 400mm)



Technical Specifications Sheet

Exercise available on the structure

+ 14
Years

Out&Fit Training



DEVELOPING BALANCE
AND STAMINA


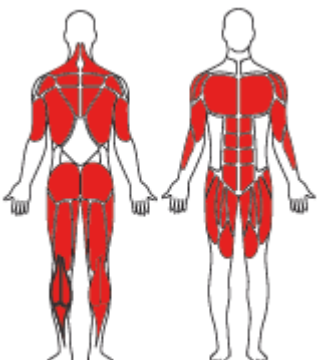
JFI-0901

Presentation

Technical Data

Exercises

Technical Benefits

Main Exercise	Imagery	Muscles
<p>Workout Difficulty :</p> <ul style="list-style-type: none"> * Easy ** Intermediate *** Hard <p>Ski- Training</p>	<p>* ► ***</p> 	



Technical Specifications Sheet

Ski- Training

JFI-0901

Presentation

Technical
Data

Exercises

Technical
Benefits



*patented systems, registered designs.

+ 14
Years

Out&Fit Training



DEVELOPING BALANCE
AND STAMINA

Out&Fit® Training

High Quality Materials

1

Solid Structure

Made with;

- **Hot-dip galvanised steel** : submerged in molten zinc at 450°C.
- **Thermo-lacquered** : polyester powder, heated by a 210°C oven.

Rails are made with stainless steel, passivated after manufacturing. All these conceptions and methods bring solidity and robustness against climatic hazards and acts of vandalism.

2

Exclusive Stainless Steel Bearing System

Rails are made with welding steel.

Footrests are made from very thick rotary-moulded HDPE (High Density Polyethylene) thermoplastic with stainless steel bearing and anti abrasion metals sheets of stainless steel.

3

Comfort

Forms, hand- and footrests enable a sports practice with comfort, safety and fun.

4

Sustainable Development

Thanks to their forms, colours and designs, the Out&Fit stations and apparatus fit perfectly in all environments.

5

Safety & Guarantee

- The Out&Fit apparatus is designed according to a strict set of specifications aligned with the requirements of the new EN16630 standard. The equipment is then tested and approved by an independent laboratory. They are designed for adults and teenagers over 14 years old.
- **20 years**: for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, stainless steel screws).
- **10 years**: for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts).
- **5 years**: for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts).
- **2 years** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

Husson guarantee and application terms mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on www.husson.eu.