



Technical Specifications Sheet

Hand Cycle

+ 14
Years

Out&Fit Training



DEVELOPING BALANCE
AND STAMINA



JFI-0905

JFI-0905

Number of users	Number of apparatus	Main exercises	Extra exercises Coaching Connect	Total exercises
1	1	1	>0	>1

Presentation

Technical Data

Exercises

Technical Benefits



Balance & Stamina

Made for every-
one with lots of
apparatus accessi-
ble to



Out&Fit Training

- + Motivating and fun exercise
- + Accessible to everyone
- + With an exclusive electro-magnet resistance system that it the perfect training companion (the faster you pedal, the greater the resistance)





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DEVELOPING BALANCE
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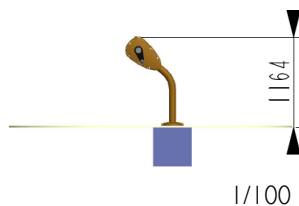
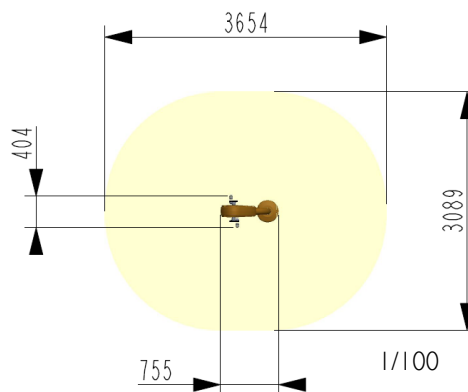
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Accessibility of the
equipment

Designed for
everyone



Total impact area 10 m²



"Key-Code" quick
access on
www.husson.eu

JFI0905



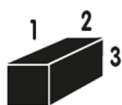
Maximum freefall height 1,0 m



Users required age 14 Years and more



Installation time
(without concrete) 1 Hour



Equipment
dimensions
(L x l x H)

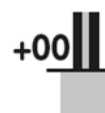
755 x 404 x 1164
mm



Number of installers
required 1 Installer



Minimum surface
required to install the 3654 x 3089 mm
equipment (L x l)



Sealing level

Level 0

Number of concrete
blocs

1 Concrete bloc
(average 400 x 400
x 400mm)



Technical Specifications Sheet

Exercise available on the structure

+ 14
Years

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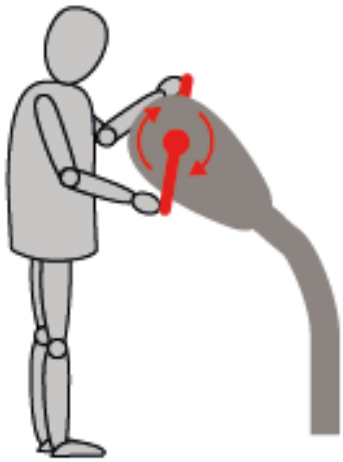
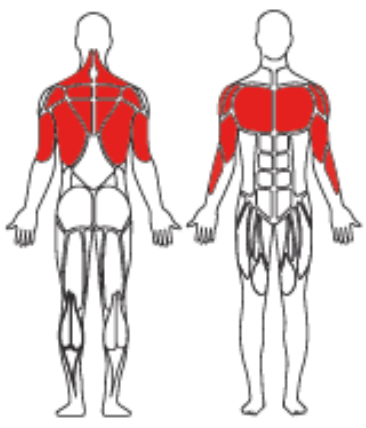
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Main Exercise	Imagery	Muscles
<p>Workout Difficulty :</p> <ul style="list-style-type: none"> * Easy ** Intermediate *** Hard <p>Hand Cycling</p>	<p></p> 	



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Out&Fit® Training

High Quality Materials

1

Solid Structure

Made with;

- **Hot-dip galvanised steel** : submerged in molten zinc at 450°C.
- **Thermo-lacquered** : polyester powder, heated by a 210°C oven.

All these conceptions and methods bring solidity and robustness against climatic hazards and acts of vandalism.

2

Exclusive Electro--Magnet Resistance System

The "Hand Cycle" comes with an exclusive electro-magnet resistance system that makes it the perfect training companion (the faster you pedal, the greater the resistance).

3

Comfort

The position of the bicycle drive and the form offer to pedal with arms with comfort, safety and fun whatever the size of the user, persons in a wheelchair included.

4

Sustainable Development

Thanks to their forms, colours and designs, the Out&Fit stations and apparatus fit perfectly in all environments.

5

Safety & Guarantee

- The Out&Fit apparatus is designed according to a strict set of specifications aligned with the requirements of the new EN16630 standard. The equipment is then tested and approved by an independent laboratory. They are designed for adults and teenagers over 14 years old.
- **20 years**: for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, fence, stainless steel screws).
- **10 years**: for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts).
- **5 years**: for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts).
- **2 years** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

Husson guarantee and application terms mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on www.husson.eu.

*patented systems, registered designs.