



Technical Specifications Sheet

Up & Down

+ 14
Years

Out&Fit Training



DEVELOPING BALANCE
AND STAMINA



JFI-0909

JFI-0909

Number of users	Number of apparatus	Main exercises	Extra exercises Coaching Connect	Total exercises
1	1	1	>0	>1

Presentation

Technical Data

Exercises

Technical Benefits



Balance & Stamina

Made for every-
one with lots of
apparatus accessi-



Out&Fit Training

- + Specially designed by a physiotherapist for senior citizens suffering from "stiffness" or "seizure" of the shoulders
- + Exercise to boost joint flexibility and range, with no risk of injury
- + Accessible to everyone





Technical Specifications Sheet

**+ 14
Years**

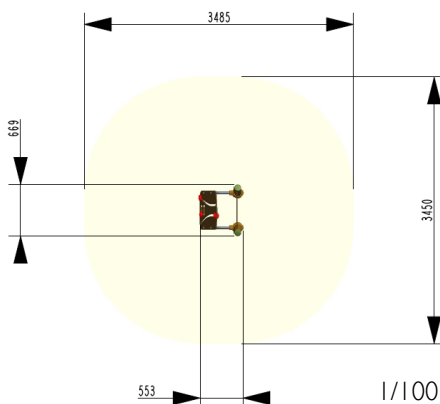
Out&Fit Training



DEVELOPING BALANCE
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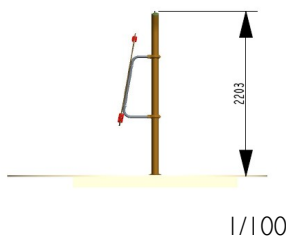
Presentation



Technical Data

Exercises

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Accessibility of the
equipment

Designed for
everyone



Total impact area 11 m²



"Key-Code" quick
access on
www.husson.eu

JFI0909



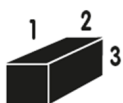
Maximum freefall height 1,0 m



Users required age 14 Years and more



Installation time
(without concrete) 1 Hour



Equipment
dimensions
(L x l x H)

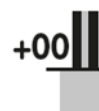
533x 699 x 2203
mm



Number of installers
required 2 Installers



Minimum surface
required to install the 3485 x 3450 mm
equipment (L x l)



Sealing level Level 0

Number of concrete
blocs 2 Concrete blocs
(average 400 x 400
x 400mm)



Technical Specifications Sheet

Exercise available on the structure

+ 14
Years

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Workout Difficulty :

* Easy

** Intermediate

*** **Hard**

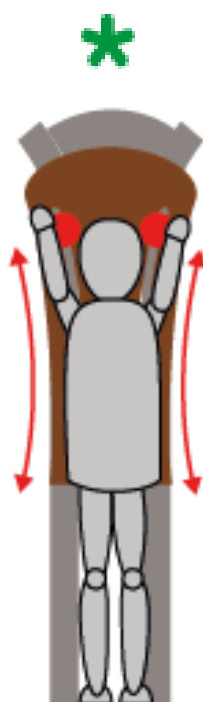
Exercises

Technical Benefits

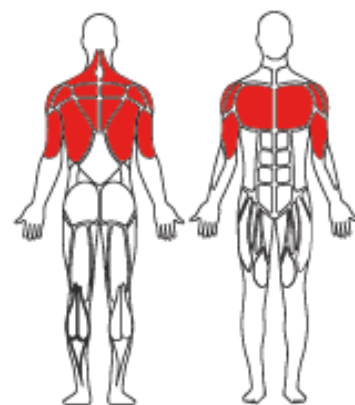
Main Exercise

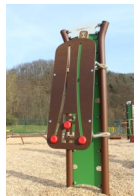
Up & Down

Imagery



Muscles





Out&Fit® High-quality materials

- 1 Frame/Structure**
Galvanised, thermo-lacquered steel posts (diameter : 89 mm, thickness: 3 mm).
- 2 Apparatus:**
Stainless steel, passivated after manufacturing.
- 3 Other Apparatus**
Hot-dip galvanised and thermo-lacquered stainless steel with fine textured finish for good "grip" and excellent resistance to scratching and abrasion.
- 4 Covers** for the covered structures
Made from very thick rotary-moulded HDPE (High Density Polyethylene) thermoplastic, colour-compounded and reinforced with a tubular steel frame. Transparent central part made from impact-resistant polycarbonate.
- 5 Metal Sheets:**
Laser-cut steel, galvanised and thermo-lacquered.



+ DESIGN*, COLOURIS, FINISHES

Out&Fit is Unique *

A new and exclusive design with 3 ranges (Gym, Stretching and Training) to blend perfectly into all environments: 2 versions (with or without cover), 3 colour schemes (Park, Sport, Urban).

+ ASSEMBLY SYSTEM *

An Exclusive Assembly System

Using multi-D+ collars made from cast aluminium and special stainless steel anti-tamper and anti-vandalism screws (special Husson tool).

+ SAFETY

Safety by a Big Manufacturer

Out&Fit apparatus is designed to a rigorous specification including the requirements of the future European standard EN 16630; it is then tested and approved by an independent control laboratory. They are for adults and teenagers over 14 years old.

+ GUARANTEES

Long Term Guarantee

- **20 years:** for the mechanical resistance due to a manufacturing defect on: metallic parts of the structure (posts, stainless steel screws).
- **10 years:** for the mechanical resistance due to a manufacturing defect on: the other metallic parts, made in aluminium, HPL and HDPE panels, "Wood Woodtech" (except mobile or mechanical parts).
- **5 years:** for the mechanical resistance due to a manufacturing defect on: parts made in moulded or rotary-moulded thermoplastic (except mobile or mechanical parts).
- **2 years** for the mechanical resistance due to a manufacturing defect on: the other fixed, mobile or mechanical parts.

Husson guarantee and application terms mentioned above: refer to Husson's terms and conditions of sale available on the final pages of the current price list or on www.husson.eu.

***patented systems, registered designs.**